

Almont Community Schools

Two Year Report on Achievement of Goals and Objectives

Health and Sex Education

March 2014

Background Information

In June of 2004, the Michigan state legislators passed Public Acts 165 and 166 which modified Michigan laws related to sex education in public schools. Public Acts 165 and 166 outline the planning, training, and implementation mandates for HIV/AIDS and sex education (PA 165 of 2004) and a parent compliant process (PA 166 of 2004).

These acts stipulate the make-up of each district's Sex Education Advisory Board as well as their roles and responsibilities. Part of the role of the Sex Education Advisory Board is to:

- ◆ *Establish program goals and objectives for pupil knowledge and skills that are likely to reduce the rates of sex, pregnancy, and sexually transmitted diseases; and*
- ◆ *At least once every 2 years, evaluate, measure, and report the attainment of program goals and objectives established under subdivision (a). The board of a school district shall make the resulting report available to parents in the school district. §380.1507*

Public Acts 165 and 166 also stipulate that school districts are required to teach about dangerous communicable diseases, including but not limited to, HIV/AIDS. §380.1169 HIV/AIDS must be offered at least once a year at every building level (elementary, middle/junior, senior high) and each person who teaches K-12 pupils about HIV/AIDS shall have training in HIV and AIDS education for young people. §380.1169

Approved Goals, Objectives, and Curricula

The Almont Community Schools Health & Sex Education Advisory Board has recommended and the Almont Community Schools Board of Education has approved the following goals and objectives for the K-12 program of instruction in HIV/AIDS, reproductive health, and sex education. The goals and objectives are aligned with state laws.

Program Overview & Objectives- As agreed by Health and Sex Education Advisory Committee on April 24, 2012:

Making a lifelong difference.....“Arm our Almont students with the knowledge and tools to make good choices now that will impact them the rest of their lives.

The reproductive health and sex education program will focus on and emphasize the benefits of abstinence. This program views sex education as a lifelong process that includes age-appropriate instruction to address the needs of all students. This includes: Human development, healthy relationships, sexual development, reproductive health, interpersonal relationships, affection and body image. In addition, this will stress that students have the power to control personal behavior and should base their actions on

reasoning, a sense of responsibility and respect for self and others. For high school students, this will also include contraceptive options in regard to what they are, how they reduce the risk of pregnancy and sexually transmitted diseases and their failure rates while stressing that abstinence is the only way to prevent all risk.

Objectives:

Through the implementation of the enhanced Health and Sex Education program. Students will better understand, be able to apply to their lives and better poised to make good choices in the following areas: human development, healthy relationships, reproductive health, positive body image, abstinence as the only 100% effective way to avoid pregnancy, HIV and STDs. Also, students will understand that they have the power to control personal behavior and students should base their actions on reasoning and a sense of responsibility to themselves and others. This was and will continue to be accomplished through: 1. The inclusion of age-appropriate teaching in each grade (5th through 12th) followed by testing. 2. All students in grades 7th through 12th participated in an informative session hosted by a nationally renowned abstinence speaker. 3. Parent meetings and an information session with speaker were also held.

Curricula - Grade 4 & 5:

- 4th Grade - Wonder Years materials (Hygiene & Menstrual cycle) and videos from Michigan Model for Health will be used along with free material from Proctor & Gamble regarding hygiene and periods.
- 5th Grade - Wonder Years material and videos from Michigan Model for Health.
- Note: although the 5th grade is physically located in the middle school, they are still considered elementary school level with regard to health education.
- Parents were welcome to review any and all materials

Curricula - Grade 6:

Human Growth & Development. "Straight Talk About Puberty for Girls/Boys" through Marsh Media. Short video following by great discussion and hands-on activities. Male teacher covered the boys and female teacher covered the girls.

Grade 6,7 and 8th. Grade:

- Choosing The Best: Way for 6th Graders – 6 Lessons
- Choosing The Best: Path for 7th Graders – 8 Lessons
- Choosing the Best: Life for 8th Graders – 8 Lessons
- Curriculum Includes:
 - Video Vignette Capture Students' Attention
 - Lessons Include Exercises, Role Plays, and Group Discussions
 - Utilized workbooks to enhance Parent / student interaction & discussion
- Speaker(s) Pam Stenzel (April 2013) (or other abstinence speaker) as a guest speaker to complement the lesson plans for grades 7 & 8 - annually
- Parents were welcome to review any and all materials

Curricula - High School:

- Choosing the Best: Journey for 9th. Graders
- Curriculum Includes:
 - Video Vignettes - Capture Students' Attention
 - Lessons Include Exercises, Role Plays, and Group Discussions
 - Utilized workbooks to enhance Parent / student interaction & discussion
- Speaker(s) Pam Stenzel (April 2013) as a guest speaker to complement the lesson plans for grades 9-12th.
- Video "Sex-Ed: No Screw Around" by Pam Stenzel
- The reproductive system portion of the class is covered in Biology 9 class
- Textbook "Health Education"
- Parents were welcome to review any and all materials

Each teacher responsible for implementing the sex education program in has the appropriate certifications and endorsements required to teach health, has received training about HIV/AIDS, and has attended training offered by the intermediate school district in sex education and in the curriculum they are responsible for teaching.

In addition, two parent meetings were hosted to cover materials and answer any questions. Also, a parent / community evening was hosted and Pam Stenzil our scheduled abstinence speaker spoke to the community.

Program Results

Overall, the feedback was very positive from teachers, students and parents. The instructional program significantly increased students' knowledge and skills. The speaker reinforced the program.

Middle School Results

94 lessons in all were delivered to students in grades 6 – 8

96% of our students participated! (6 of the 13 non-participants were Special Education students)

98% of 7th and 8th Graders attended abstinence speaker assembly

High School Results

Lessons delivered: 6

Student Participation: 98%

99% 9th – 12th. Graders attended abstinence speaker assembly

Video feedback survey – 97% responded positively that video information will help them to understand the importance and to make better choices

Parents / Community Meeting Results

175 parents and members of community attended the abstinence speaker message. Positive feedback was received and a number of parents asked that this become an annual event.

Next Steps

The district's Health and Sex Education Advisory Board meets regularly to evaluate and implement continuous improvements to this program. We are very committed to meeting program goals. This is a process and that while considerable progress has been made, this is only the beginning and each year we will continue to improve and implement enhancements. In 2013 / 2014 school year, we will be implementing pre and post testing to more accurately assess progress. In addition, parent and student surveys will also be conducted for additional feedback.

Accessing the Results

Additional copies of this report are available at the Almont Community Schools Administrative office.